

Our chefs are constantly introducing new menus for our residents. Below is a sampling of menu items our residents enjoy daily.

Options

This heart healthy symbol indicates a low fat, low cholesterol and low sodium item.

Soup

Home Style Soup or Consomme of the Day

Ask your waitperson what type of home style soup we are serving today or how our consomme is garnished.

Entrées

All entrées are included for residents and available for \$17.00 to guests and include soup of the day, choice of salad or cole slaw, choice of baked potato, French fries or onion rings and dessert.

Maryland Crab Cakes

Twin crispy coated crab cakes, golden fried served with our own seafood dipping sauce.

Grilled Steak and Swiss

Caramelized onions and melted Swiss cheese top our tender, flame grilled pub steak. Served with steak fries.

Macaroni and Cheese

Elbow macaroni mixed with a creamy home style cheese sauce, topped with seasoned bread crumbs and scallions then baked in the oven.

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Entrées *(continued)*

Old Fashioned Barbecue Baby Back Ribs

Baby back ribs slow roasted in a barbecue sauce until the meat is about to fall off the bone.

English Style Fish and Chips

Two fillets of cod dipped in a beer batter and then fried till golden, served with a creamy tartar sauce and malt vinegar.

Shrimp in a Basket

Six large breaded shrimp fried crispy with your choice of tartar or cocktail sauce.

Hand Crafted Sandwiches

All sandwiches are included for residents and available for \$17.00 to guests and include soup of the day, your choice of French fries or onion rings and dessert.

New England Seafood Roll

Our signature seafood and lobster salad, seasoned and gently mixed into a creamy salad. Served on a soft bun.

Club Sandwich

Enjoy turkey, ham smoked bacon, with your choice of Swiss, American or Cheddar Cheese, lettuce and tomato and mayonnaise on three layers of toasted bread.

Stacked BLT

Warm crisp bacon, fresh summer tomatoes and lettuce, on your choice of bread.

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Hand Crafted Sandwiches *(continued)*

Barbecue Bacon Burger

Quarter pound flame grilled burger with Sweet Baby Ray's Barbecue Sauce, crispy bacon and finished with grilled onions.

Grilled Chicken on Flatbread

Grilled chicken breast on flat bread with sliced tomatoes, lettuce and peppercorn dressing. Without dressing this sandwich is a heart healthy option.

Chicken Ranchero

Melted Monterey Jack cheese atop a grilled chicken breast, finished with a ranch-salsa dressing, served on a hard roll with lettuce and tomato.

East Hill Woods Burger

Quarter pound of ground beef, flamed grilled and served on a toasted hard roll, garnished with lettuce and tomato.

Other traditional sandwiches available on request.

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Salads

All salads are included for residents and available for \$17.00 to guests and include soup of the day and dessert.

Grilled Shrimp or Chicken Caesar Salad

Romaine lettuce tossed with Caesar salad dressing garnished with shaved parmesan and Romano cheese, garlic croutons finished with your choice of grilled shrimp or grilled breast of chicken. Oil and vinegar will make this salad a heart healthy option.

Crispy Chicken Salad

Mixed salad greens topped with warm breaded chicken tenders, mandarin oranges, and toasted almonds served with your choice of dressing.

Summer Steak Salad

Hot grilled thinly sliced steak atop mixed salad greens, garnished with fresh seasonal vegetables and your choice of dressing. Oil and Vinegar dressing will make this salad a heart healthy option.

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