

# Just the Facts

## TOTAL RESIDENCES

Independent Living	156
Assisted Living	25
Villa Memory Care	14
Rehabilitation & Skilled Nursing	34
Resident satisfaction score	95%

## AVAILABLE INDEPENDENT LIVING CONTRACTS:

- Type A – Life Care
- Type C – Fee-For-Service

## A PLACE FOR YOU

Full continuum of care is available with Independent Living, Assisted Living, Memory Care and Rehabilitation.

Shared spaces that are reminiscent of a resort or country inn featuring a lounge with fireplace, library, billiards rooms, theater, computer center and even a local bank branch.

Your own backyard includes acres of walking trails, a gazebo overlook, putting green, bocce ball, shuffleboard and croquet.

## FOOD FOR THE SOUL

Dining options and venues to match your mood

**THE W ROOM** – A nightly culinary celebration and meeting place for friends

**THE W LOUNGE** – The place to be for a cocktail or to enjoy our pub menu while watching the game

**THE MARK** – An upscale dinner menu for special occasions or just to treat yourself

**GALLERY CAFÉ** – Breakfast and lunch

## A FULL LIFE

Indulge your interests and discover new ones with almost 100 monthly classes, concerts, outings and events, including **WATERMARK UNIVERSITY**.

Keep your body and mind fit in our **VITALITY FITNESS CENTER** with our own personal trainer or hit the links with your own **MEMBERSHIP TO HERITAGE VILLAGE GOLF CLUB**.

Treat yourself with everything from a pedicure at **INDULGE – A SALON AND SPA** to a swim in your own indoor heated pool to room service in your residence.

Welcome friends and family to share the experience in one of our guest suites or even let us cater an event.

## LET US DO THE WORK

Enjoy your home knowing that **EVERYTHING IS TAKEN CARE** of. From security to maintenance to housekeeping to staff at your beck and call 24 hours per day.

Keep your car in your own **RESERVED PARKING** spot or garage or let us do the driving.

Watch the fall leaves display knowing that you don't have to lift a finger. Our landscapers keep all **55 ACRES** in pristine order.

Make your **MOVE STRESS-FREE** with our Best Move program and move-in coordinators.

## INDEPENDENT LIVING AT THE TOWN COMMONS

Modern residences with expansive views

Prepared meals and elegant restaurant style dining

Daily housekeeping service

Dynamic calendar of classes, activities and outings including Watermark University

Wellness programs including exercise classes, personal trainers and aqua fitness classes

Personal resident call system

On-site Social Services Director providing counseling and referral services

On-campus Memory Care or Rehabilitation & Skilled Nursing care, if ever needed

Maintenance and transportation services

Utilities and cable television included

Move-in coordination service



### ASSISTED LIVING AT THE INN AT CHERRYWOOD

Modern residences with expansive views  
Three chef prepared meals and restaurant style dining  
Daily housekeeping service  
Dynamic calendar of classes, activities and outings including Watermark University  
Registered Dietitian oversight  
Service plans customized to your needs  
Personal resident call system  
On-site Social Services Director providing counseling and referral services  
On-campus Memory Care or Rehabilitation & Skilled Nursing care, if ever needed  
Maintenance and transportation services  
Utilities and cable television included  
Move-in coordination service

### MEMORY CARE AT THE VILLA

Intimate household with only fourteen residences  
Revolutionary approach to memory care featuring Nayas – a new kind of caregiver  
24-hour staffing with specially trained memory care staff  
Patio with butterfly garden  
Private suites  
Three nutritious meals per day  
Healthy snacks 24 hours per day  
On-site Social Services Director providing counseling and referral services

### REHABILITATION AND SKILLED NURSING

Three restaurant style meals prepared daily  
Personal ambassador program  
Registered Dietitian oversight  
Service plans customized to your needs  
24-hour staffing with Registered Nurse  
Health care management and monitoring with physician oversight  
Resident call system  
Flat screen televisions and Wi-Fi internet access  
Scheduled transportation  
Diverse wellness program including classes and therapies in our heated indoor pool  
Luxurious semiprivate suites  
On-site physical, occupational and speech therapy  
On-site Social Services Director providing counseling and referral services

### CLINICAL CAPABILITIES

Physical Therapy, Occupational Therapy and Speech Therapy.  
Pain, Edema, Stroke or CVA, Fractures, Hip and Knee Replacements, Joint Replacements, Decreased Function or Muscular Weakness, Problems with Balance and Coordination, Self-care, Continence Management, Home Management, Visual Impairments, Aphasia, Dysarthria, Dysphagia and more.



611 East Hill Road | Southbury, CT 06488  
1-888-570-6659 | [www.watermarkcommunities.com](http://www.watermarkcommunities.com)

